



An intense transformation program for people to fully live, revive or reimagine Life & Work

Now online

| From 8th Apr to 01st May 2021

| followed by 2 months of

| Accountability & Coaching calls

 **REFLECT**  **RE-DESIGN**  **ACT**

THE INVITATION

- Have you been thinking that you could be doing more in your life, that you are not being your best and that there are things which are limiting you and not letting you live your full potential?
- Is the current Covid situation making you re-think the way you live and work? Maybe you had made some starts in the past and now want to re-imagine it.
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- Did you take or were given a break from work. Or you need a break from obligations and burdens that seem to have a gravity of their own?
- Or maybe you have lived a fulfilling life so far, learnt and grown from your choices, and now curiously want to shape the life ahead?



***In all this, that talent, that passion,
that dream you wish to see...
are wanting to come alive.***

***Explore and move yourself to
Action on the Life you want***

Even though we all have a desire to live a life fulfilling our potential, there is something that holds us back. There may be very real reasons, Like the roles we play at home and work, the social and work obligations, preserving a lifestyle, securing the future and many more. No amount of rational thinking however helps us find way out. The struggle persists and shows up in niggling ways. Perhaps some of these struggles have been amplified by the current covid situation.

Somewhere along the way, there are flashes of what seems like **a larger SELF beckoning us**, when there is a deep knowing that something different is meant for "ME". It's turbulent and scary at times, exhilarating at others. We find ourselves pondering over life choices, daily actions and our own beliefs. New unprecedented choices are to be made with no map, no compass, few believers, even fewer co-travellers and shoestring resources! The journey ahead, seems fraught with dilemmas that come with personal sacrifices - of health, family, finances, stability, status and many others.



In such a scenario, what if there is a space to

- *Voice these struggles in a safe environment to understand and settle with them*
- *Learn to live in this "gap", which is rich with ambiguity, potential and creativity.*
- *Embrace the angst, guilt and burdens and transform them to pride, creativity and joy.*
- *Share and learn from those who have similar dilemmas, have chosen similar paths.*
- *Create momentum for your life ahead and keep working at it with support of a community.*



The Space to Bring YOU Alive

An **immersive program** of discovering yourself by understanding the mind-set needed to be enterprising - not only at work but also at your own life. To us as creators of this space, the enterprising mindset, legitimizes and demands more for our own potential, provides us freedom for glorious failures and unleashes creativity to unabashedly dream and assert new choices.

The three months long journey utilizes **Experiential learning** methods and **Reflective conversations**. It provides an environment of challenge and support so that you take your insights into concrete action. And creates a strong accountability structure to make new life plans show up in reality.

The Program will help you to:

- *Understand the mind-set needed to live in ways that tap your potential everyday*
- *Discover how you may be coming in the way of your potential*
- *Discover your relationship with Risk, Failures, Ambiguity & Self-doubt*
- *Recognize and move past your fears to a life of creativity, resourcefulness and calculated risks.*
- *Mine the hidden treasures of your environment to be even more resourceful*
- *Make a solid commitment and a tangible design of your own future.*
- *Engage with your context at life and work and help you navigate and negotiate with them.*
- *Will support you with tools, coaching calls and building a support network.*
- *And will hold you accountable for your TAKE2 to become a tangible reality.*



TAKE2 - FOR WHOM?

We are often been asked questions like:

- *who is TAKE2 intended for?*
- *I am not planning to plunge into Entrepreneurship as yet, Is TAKE2 for me?*
- *I am in corporate world, how will TAKE2 benefit me?*
- *I am not into corporate world, is TAKE2 for me?*

Our Past Participant profile ranged from an age of 24 to 62 years; people in Corporates, wanting to do better; people aspiring to become Entrepreneurs; seasoned Entrepreneurs looking for next big leap; a break-from-career mother wanting to have more meaning in life; and so on...

TAKE2 focuses on helping every participant discover & develop a mindset needed to be enterprising - not only at work but also in life - so as to live a fulfilling life.

The program also offers opportunities to those considering a different post Covid life.

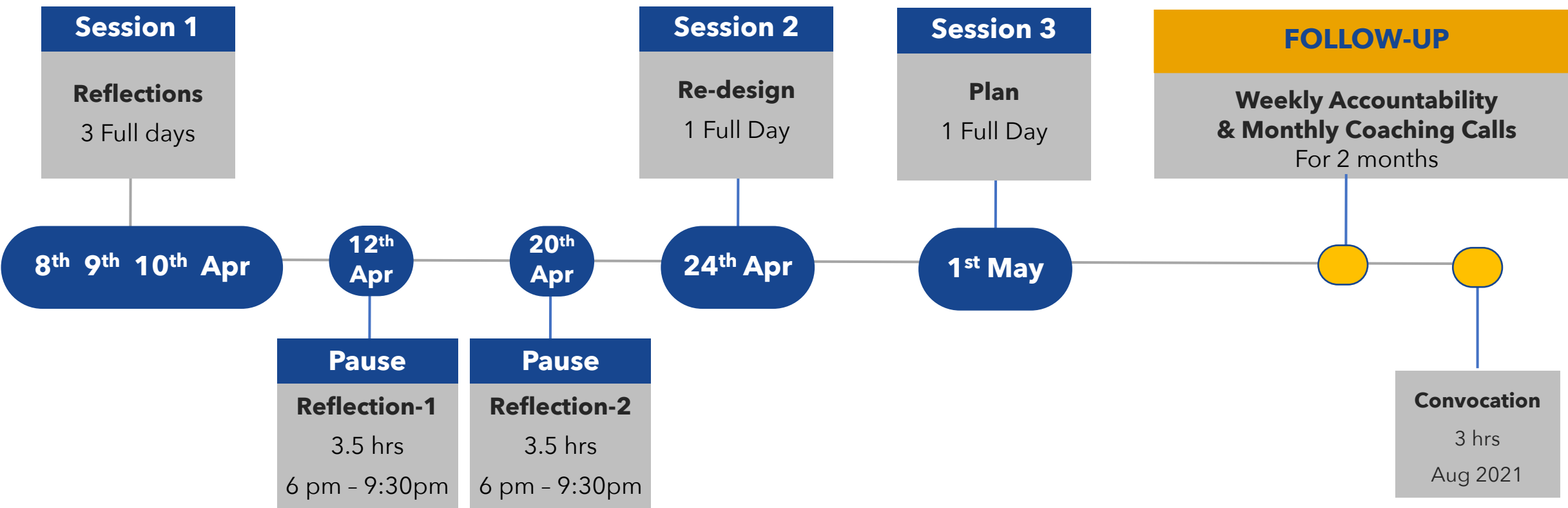
DISCLAIMER: *THERE MAY BE SOME EMOTIONAL STRESS INVOLVED DURING THE WORKSHOP. PARTICIPANTS MUST TAKE RESPONSIBILITY FOR SELF- SCREENING IF STRESSFUL SITUATIONS ARE A CONCERN. **TAKE2 IS NOT A SUBSTITUTE FOR THERAPY OR PSYCHIATRIC TREATMENT.** IF YOU ARE CURRENTLY IN THERAPY OR UNDER PSYCHIATRIC TREATMENT, OR HAVE A HEART AILMENT OR ANY CHRONIC ILLNESS, YOU ARE REQUIRED TO OBTAIN A CLEARANCE FROM YOUR THERAPIST / PSYCHIATRIST / PHYSICIAN BEFORE ATTENDING.*



PROGRAM DETAILS

The program is structured as a journey:

- **Starts with a Pre-Work:**
A 360° survey measuring your potential & possibilities with significant others
- **Live On-Line Sessions from 8th Apr till 01st May 2021**
(all timings mentioned are in IST)



TBP: Session 4 of 3 hrs for Support and Service Needs

Category	Fee	18% GST	TOTAL
Self Sponsored	40,000 INR	7,200 INR	47,200 INR
Corporate Sponsored	60,000 INR	10,800 INR	70,800 INR
International Participants	1,000 USD	N/A	1,000 USD

+ Sponsor Others*

OUR POLICY IS - MONEY SHOULD NOT COME IN BETWEEN YOU AND YOUR DESIRE FOR TAKE2

We offer **limited scholarships** for anyone having financial constraints. Be it non-earning participants; mothers wanting to get back to work; young entrepreneurs; women & men on a career break; participants from social sector or anyone with other financial constraints.

TO REGISTER [Click here](#)

Or send an email to register your interest sanjay@dutts.net or ameet.mattoo@gmail.com

** Since this program is a low cost offering from our side, as a regular participant, you can offer to pay / **sponsor other** deserving participant(s). We wish you make this call and pay after attending the program by seeing the value this gives you.*

In order to facilitate seamless logistic management, we will apply a cancellations Fee of 25% (of total Fee) if cancellation is done after 01st Apr 2021; And if cancelled beyond 5th Apr 2021 only 25% will be refunded.

The Program would be conducted On-Line on Zoom.

Hardware Requirements:

To get the best experience of the program, we strongly recommend to attend using a *Laptop* or a *Desktop* ONLY. Logging in from mobile phones / Tablets / iPads will not work. In our experience, a handheld device does not allow immersive experience, needed for a program like TAKE2.

Your Laptop/Desktop should have -

1. *An internet connection* - broadband wired or wireless, with a minimum bandwidth of 1Mbps. You could check your Internet bandwidth from <https://www.speedtest.net>
2. *A microphone* - built-in to your computer or USB plug-in or wireless Bluetooth.
3. *Built-in headset jack from laptop or desktop* - Even if your laptop or desktop has speakers, you must plug in a headset so that the sound from the speakers does not cause an echo in the Online meeting.
4. *A webcam* - one which is built-in to your computer or one that connects to your computer via USB.
5. *Zoom Software* - If you have not used Zoom before, make sure you download the Zoom App on your computer from <https://zoom.us/download>.

Logistical Requirements

1. You will need to keep your camera ON throughout this program (except for scheduled breaks).
2. You would need a room/space where you will NOT have ANY interruptions and is quiet - no noises/conversations and/or people in the room/ walking in and out of room. *Given the current situation, this will need to be managed by those of us who share our homes with our family/friends/others. This is much like how a training meeting room is off limits for anyone other than the participants for the duration of the session.*
3. Please keep your computer on a steady surface throughout the program
4. Lighting: It is advisable to sit with your back towards a blank wall and the light source coming on to your face.
5. Camera positioned such that at least the upper half of the body is visible
6. Dress code: smart comfortable casuals
7. Have a pen, paper, crayons, colours handy for some exercises and making notes
8. **Please note** - This being an immersive program it necessitates full focus all through the program. We strongly advise to keep yourself completely free from calls, meetings & other engagements during this sessions planned, to get the most out of the program.

Our Past Participant Speak...

It was truly outstanding. Definitely one of the best learning programs I have ever attended.

Varun Bhargava
Associate Vice President at Indegene Pvt Ltd.

The workshop has been a huge contribution to me in many ways. It has actually put me in touch with myself and some of my hearts desires

Ramya Ranganathan
Adjunct Faculty at IIM Bangalore

The workshop was comprehensive and plumbed the depths. Sanjay & Ameet are fantastic. Thank you for being the wind beneath my wings.

Sailaja Bhaskar
Executive Director, Clinical Research Purdue Pharma Canada

It is an eye opener and a game changer experience. I am sure this will help me re-structure my life for a better future

Mahesh, Director of a Factory

It was a very intense package. It forced me to confront truths about myself that I'm not comfortable with. Very effective in it's objective

Mukta Kumar
Home Maker. Aspiring to be a Counsellor

It's intense and well thought out ... Wonderful way of re-discovering "myself" through this process. Thank you Ameet and Sanjay

Nagesh Chukka
VP, Head IT for Wells Fargo

I did this program earlier this year. I don't think I have experienced anything like this before. That is saying something, considering the number of workshops I do for professional and personal development. I learnt a couple of key things about myself in 3 days, that in 5 years of intense self-work were hidden from me in plain sight... so much has opened up in the weeks since the workshop - opportunities and growth I am stepping into.

Sonal Kothari
Parenting Coach & Psychotherapist

I came closer to the Truth. I came closer to myself. Hence, I came closer to my goals.

Siddharth Srivastav
Co-Founder Able Jobs

I came with a muddled mind. There is clarity and relief after the workshop. I think I am raising right questions in my mind.

Milind Katti, CEO Demand Farm

A fantastic session. Very insightful helpful in unravelling aspects of my personality, that were a complete surprise. This has been possible only because of the facilitation and passion of these two guys.

Dr. Manish Mattoo
CEO South - Fortis Healthcare

Superb, thought through process helps one to dive deep & uncover latent motivations. Strong action orientation leads to great plan creation. You guys (Sanjay & Ameet) did a fantastic job

Ajay Kelkar
Co-Founder Hansa Cequity

The best part of the program is that it is fun as well as ... very serious and force you to question yourselves... I feel empowered, energized and better prepared

Brajesh Pandey
Founder & Executive Director, Kaarak

The experience helped me uncover some of my conscious and subconscious personal blocks so I can continue to build my dream into reality. I was quite touched and moved by the feminine that you both (Sanjay & Ameet) embodied through the care and nurture you demonstrated.

Linda Baptista
Founder of Earthfully Yours.

This is not a workshop. It's a journey - A journey of experiencing myself like never before.

Tanmay Chandresa
Founder & CEO eSolve Knowledge Services

I came home feeling nourished and determined to shape my life rather than just let life happen to me.

Gauri Nigudkar
ISABS Professional Member
OD Consultant & Coach

A very powerful workshop that allows you to dwell into your inner self and reveal the true you, Moments of truth that are hard-hitting , opens a window of opportunity to improve self. Ameet & Sanjay are absolutely fantabulous

Arun R Dy. GM Reliance Jio

How Do TAKE2s Look Like...

TAKE2 can mean different things for different people depending on their life situations, their aspirations, their dreams and desires.

We have had the privilege of birthing 66 such dreams of different forms & shapes which include:

- A second-generation entrepreneur acknowledged that TAKE2 gave him the courage to successfully divest an old non-growth IT services business, made his money and focused his energies on an emerging high-growth global product business
- An entrepreneur whose health, business and personal relationships were all suffering, attributes turnaround on all these counts within three months of the workshop.
- A woman working professional struggling with guilt of child-rearing came to terms with her standing up firmer for her career choices that have been source of her fulfilment for over 15 years. She abandoned the half-hearted plans to start a home-based business
- A social entrepreneur-turned-political aspirant, found TAKE2 accelerating the opening up of his public service organisation
- A seasoned technology entrepreneur, designed new ways to revive his organisation after 19 years of struggling with it.
- A retired professional decided to bring to reality an organic farm house.
- A home maker decided to pursue her dream of being a counsellor after 20 years of marriage.
- A mid-forties woman decided to bring to reality her dream vacation resort on a beach side.
- A Parenting coach, plans to give shape to a long desired physical space for people doing similar work as hers.
- A middle-aged entrepreneur decided to improve his personality and develop confidence.
- A young engineer decided to re-focus on his corporate career to make it big,
- A digital marketing entrepreneur re-energized his enterprise and has crossed a million+ subscribers per month.
- An HR Consultant has grown his small HR consulting company into a large organisation operating in various locations across south-India.
- A corporate executive quit his job and has started a restaurant chain in Mumbai.
- A corporate executive with a global role decided to enhance his role within the organisation to make it more meaningful and purposeful.
- A corporate executive made his long pending dream of being an independent consultant a reality.
- A corporate executive decided to move out on his own and start a Healthcare start-up.
- A lady participant decided to finally get married!
- A technical architect learnt the art of asserting himself and be seen as a technical expert in his organisation.
- A doctor decided to pursue her passion in fine arts and painting in parallel to her medical profession.
- An IT services owner, finally opened his dream ice-cream and desserts chain across the city.
- A serial entrepreneur, after his 3 start-ups finally decided to build a new start-up with a long-term growth plan.

Many other participants reported experiences of being more committed to their existing work and life choices as they were able to overcome social pressures

Some participants also reported some unintended consequences of attending the program, which range from improved relationship with their spouse to major improvements in his health concerns of recurring migraine.



See more @ [TAKE2 Stories](#)

SANJAY DUTT



Sanjay successfully built teams and businesses at organizations like Infosys, AT Kearney, Accenture and P&G for over 15 years. He has been a Business Consultant, Account Manager, Ops. Manager and a Profit Centre Head in his corporate stint.

Sanjay encountered a crisis of meaning and purpose in 2004-05. Combined with a marital separation in 2007-08, Sanjay plunged into a re-discovery of self and making sense of life's successes and failures through diverse channels spanning the psychological and the spiritual. Those experiences guide his life and work today. He enjoys the rare experience of being a father to two teenagers from his first marriage and being a late parent to a 3-year old from his second marriage.

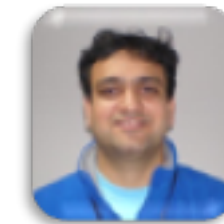


Since 2006, Sanjay has found expression of his purpose in the areas of Executive Coaching, Team Building, Visioning Exercises, Leadership Development and Personal Growth Labs. He is a Professional member of ISABS (Indian Society for Behavioral Sciences) and certified in Hogan Six Seconds EQ model.



His corporate work has been at Pepsico, Edenred, Ceat Tyres, MRF, EMC, Asian Paints, 3G, Colgate Palmolive and many others. He has partnered social enterprises in the area of education, empowerment and livelihood. Some of these are Gramin Shikhsa Kendra, Navnirman Samaj Vikas Kendra and Fairtrade UK. Besides his work, his creativity also finds public expression in poetry, singing and Playback Theatre.

AMEET MATTOO



Ameet has 25 years of work experience. He did his engineering in Electronics & Communication and started his career as an R&D Engineer in Semiconductor design. As an engineering manager, his role shifted from managing technology to managing people.

During this phase, driven by his spiritual pursuit, he found his calling by moving to helping roles. And in 2009, he made a career shift, moved into the domain of Applied Behavioral Sciences and Organisation Development. It was a big shift to re-start his career in a new domain amidst the global slow-down in the peak of recession.



Since then, Ameet has been specializing in Systemic Consulting using Human Process approach. In his current role, he is helping CEOs and senior Business leaders to manage change, solve existing business problems and help in the organisational growth journey. His area of work includes Organisation transformation; Change management; Leadership development and Coaching.

Ameet is a Professional Member of ISABS (Indian Society of Applied Behavioral Science), a Certified Organisation Development Consultant from ISABS, a T-Group Facilitator, a Coach, and specializes in psychometric tools like MBTI and DiSC and is certified in Entrepreneurial Motivation Program from NIESBUD, Ministry of MSME, Govt. of India.



Ameet is pursuing his passion of Psychotherapy. He completed his Diploma in Transactional Analysis.