



TAKE2:

A Journey of Meaning Choice and Purpose



*An intense transformation program for
people to fully live, revive, or reimagine
Life & Work*

- | 3-Day residential Workshop 21st to 23rd Aug 2025*
- | followed by 4 months of*
- | Accountability & Coaching calls*

Ameet Mattoo & Sanjay Dutt

<https://take-2.in>

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The Urge Within:

Overcoming Barriers to Fulfillment

Barriers

Roles, obligations, fears—holding us back

Self beckons

Deep desire to empower self

Safe space

Voice struggles, embrace ambiguity,
Transform yearning to joy

Community

Learn from similar journeys,
build momentum together

Empowering Change: What TAKE2 Offers

1 Entrepreneurial Mindset

Live beyond limits, embrace risks and failures

2 Resourcefulness

Discover hidden treasures in your environment

3 Solid Commitment

Create tangible future designs with accountability

4 Support System

Coaching calls and network strengthen your journey

Who Is TAKE2 For?

Target Audience

- Business owners wanting to Scale
- Corporate Professionals desiring Growth
- Aspiring Entrepreneurs
- Homemakers seeking Career Restart
- People seeking Work-Life Transitions
- Change Seekers & Change Makers

Our Past Participant profile ranged from an age of 19 to 62 yrs; people in Corporates wanting to do better; people aspiring to become Entrepreneurs; seasoned Entrepreneurs looking for next big leap; a break-from-career mothers wanting to have more meaning in life; and so on...

DISCLAIMER: THERE MAY BE SOME EMOTIONAL STRESS INVOLVED DURING THE WORKSHOP. PARTICIPANTS MUST TAKE RESPONSIBILITY FOR SELF- SCREENING IF STRESSFUL SITUATIONS ARE A CONCERN.

TAKE2 IS NOT A SUBSTITUTE FOR THERAPY OR PSYCHIATRIC TREATMENT. IF YOU ARE CURRENTLY UNDER PSYCHIATRIC TREATMENT OR HAVE A HEART AILMENT YOU ARE REQUIRED TO OBTAIN A CLEARANCE FROM YOUR THERAPIST / PSYCHIATRIST / PHYSICIAN BEFORE ATTENDING.

Program Fees & Registration

Category	Fee	18% GST	TOTAL
Self Sponsored/NGOs	75,000 INR	13,500 INR	88,500 INR
Corporate Sponsored/Business Owners	1,25,000 INR	22,500 INR	1,47,500 INR
International Participants	1,500 USD	N/A	1,500 USD

*TO REGISTER, [Click here](#)
or Scan the QR Code*



**Early bird discount of 10%
ends June 21, 2025**

PAYMENT METHODS

The Fee includes 3-day Program Fee, 2-Night/3-days stay, all meals, pre-work assessment and post-workshop Coaching support for 4 months

You can either pay by UPI or Bank transfer (details below)

Account Name: THINK CHANGE CONSULTING LLP

BANK: ICICI BANK **Account no:** 016905011441 **IFSC Code:** ICIC0000169

SWIFT Code (for International Remittance): ICICINBBCTS

Branch: Indira Nagar Branch, MPS Towers, No.515, CMH Road, Indira Nagar, Bangalore

Cancellation fees apply after June 30, 2025

CANCELLATION POLICY:

To facilitate seamless logistics management, we will apply a cancellation Fee of 25% (of the total Fee) if cancellation is done after 30th June 2025; And if cancelled beyond 1st July 2025, 25% will be refunded.

Voices of Transformation: Participant Testimonials



" I don't think I have experienced anything like this before."

- Sonal Kothari



" an eye opener and a game changer experience "

- Mahesh



" I came home feeling nourished and determined to shape my life "

- Gauri Nigudkar



"I came closer to the Truth. I came closer to myself."

- Siddharth Srivastav

READ MORE @ <https://take-2.in/testimonials>

I did this program earlier this year. I don't think I have experienced anything like this before. That is saying something, considering the number of workshops I do for professional and personal development. I learnt a couple of key things about myself in 3 days, that in 5 years of intense self-work were hidden from me in plain sight... so much has opened up in the weeks since the workshop - opportunities and growth I am stepping into.

Sonal Kothari
Parenting Coach & Psychotherapist

I came closer to the Truth. I came closer to myself. Hence, I came closer to my goals.

Siddharth Srivastav
Co-Founder Able Jobs

I came with a muddled mind. There is clarity and relief after the workshop. I think I am raising right questions in my mind.

Milind Katti, CEO Demand Farm

A fantastic session. Very insightful helpful in unravelling aspects of my personality, that were a complete surprise. This has been possible only because of the facilitation and passion of these two guys.

Dr. Manish Mattoo
CEO South - Fortis Healthcare

Superb, thought through process helps one to dive deep & uncover latent motivations. Strong action orientation leads to great plan creation. You guys (Sanjay & Ameet) did a fantastic job

Ajay Kelkar
Co-Founder Hansa Cequity

The workshop has been a huge contribution to me in many ways. It has actually put me in touch with myself and some of my hearts desires

Ramya Ranganathan
Adjunct Faculty at IIM Bangalore

It was truly outstanding. Definitely one of the best learning programs I have ever attended.

Varun Bhargava
Associate Vice President at Indegene Pvt Ltd.

The workshop was comprehensive and plumbed the depths. Sanjay & Ameet are fantastic. Thank you for being the wind beneath my wings.

Sailaja Bhaskar
Executive Director, Clinical Research Purdue
Pharma Canada

It is an eye opener and a game changer experience. I am sure this will help me re-structure my life for a better future

Mahesh, Director of a Factory

It's intense and well thought out ... Wonderful way of re-discovering "myself" through this process. Thank you Ameet and Sanjay

Nagesh Chukka
VP, Head IT for Wells Fargo

It was a very intense package. It forced me to confront truths about myself that I'm not comfortable with. Very effective in it's objective

Mukta Kumar
Home Maker. Aspiring to be a Counsellor

TAKE2 Impact: Diverse Life Journeys

Clarity & Growth

Unlock hidden potential, embrace new opportunities

Inner Truth

Closer connection to self and goals

Empowerment

Feel energized, better prepared for challenges

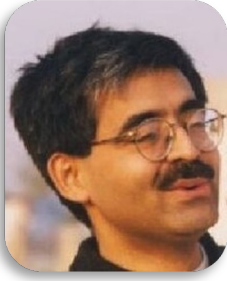
Deep Insights

Reveal latent motivations and actionable plans

We have had the privilege of birthing 90+ dreams of different forms & shapes which include:
See more @ <https://take-2.in/take2-stories>

- A second-generation entrepreneur acknowledged that TAKE2 gave him the courage to successfully divest an old non-growth IT services business, made his money and focused his energies on an emerging high-growth global product business
- An entrepreneur whose health, business and personal relationships were all suffering, attributes turnaround on all these counts within three months of the workshop.
- A woman working professional struggling with guilt of child-rearing came to terms with her standing up firmer for her career choices that have been source of her fulfilment for over 15 years. She abandoned the half-hearted plans to start a home-based business
- A social entrepreneur-turned-political aspirant, found TAKE2 accelerating the opening up of his public service organisation
- A seasoned technology entrepreneur, designed new ways to revive his organisation after 19 years of struggling with it.
- A corporate executive made his long pending dream of being an independent consultant a reality
- A corporate executive decided to move out on his own and start a Healthcare start-up
- An IT services owner, finally opened his dream ice-cream and desserts chain across the city
- A lady participant decided to finally get married!
- A doctor decided to pursue her passion in fine arts and painting in parallel to her medical profession
- A retired professional decided to bring to reality an organic farm-house.
- A home maker decided to pursue her dream of being a counsellor after 20 years of marriage.
- A mid-forties woman decided to bring to reality her dream vacation resort on a beach side.
- A Parenting coach, plans to give shape to a long desired physical space for people doing similar work as hers.
- A middle-aged entrepreneur decided to improve his personality and develop confidence.
- A young engineer decided to re-focus on his corporate career to make it big,
- A digital marketing entrepreneur re-energized his enterprise and has crossed a million+ subscribers per month.
- An HR Consultant has grown his small HR consulting company into a large organisation operating in various locations across south-India.
- A corporate executive quit his job and has started a restaurant chain in Mumbai.
- A corporate executive with a global role decided to enhance his role within the organisation to make it more meaningful and purposeful.
- A technical architect learnt the art of asserting himself and be seen as a technical expert in his organisation.
- A serial entrepreneur, after his 3 start-ups finally decided to build a new start-up with a long-term growth plan

Co-creators & Facilitators



[Sanjay Dutt](#)



A Business leader turned OD Consultant, Coach and Facilitator

Sanjay successfully built teams and businesses at organizations like Infosys, AT Kearney, Accenture and P&G for over 15 years. He has been a Business Consultant, Account Manager, Ops. Manager & a Profit Centre Head in his corporate stint.

Sanjay encountered a crisis of meaning and purpose in 2004-05. Combined with a marital separation in 2007-08, Sanjay plunged into a re-discovery of self and making sense of life's successes & failures through diverse channels from the psychological and the spiritual. Those experiences guide his life and work today. He enjoys the rare experience of being a father to two young adults from his 1st marriage and being a parent to a pre-teen from his 2nd marriage.

Since 2006, Sanjay has found expression of his purpose in the areas of Executive Coaching, Team Building, Visioning Exercises, Leadership Dev and Personal Growth Labs. He is a Professional member of ISABS (Indian Society for Behavioral Sciences) and certified in Hogan Six Seconds EQ model.

His corporate work has been at Pepsico, Edenred, Ceat Tyres, MRF, EMC, Asian Paints, 3G, Colgate Palmolive and others. He has partnered social enterprises in the area of education, empowerment, livelihood, some of these are Gramin Shiksha Kendra, Navnirman Samaj Vikas Kendra & Fairtrade UK. Besides his work, his creativity also finds public expression in poetry, singing and Playback Theatre.



[Ameet Mattoo](#)



A Technology leader turned OD Consultant, Coach and Facilitator

Ameet has ~30 years of work experience. He did his engineering in Electronics & Communication and started his career as an R&D Engineer. As an engineering manager, his role shifted from managing technology to managing people.

During this phase, driven by his spiritual pursuit, he found his calling by moving to helping roles. In 2009, he made a career shift, moved into the domain of Applied Behavioural Sciences and Organisation Development. It was a big shift to re-start his career in a new domain amidst the global slow-down in the peak of recession.

Since then, Ameet has been specializing in Systemic Consulting using Human Process approach. In his current role, he is helping CEOs and senior Business leaders to manage change, solve existing business problems and help in the organisational growth journey. His area of work includes Organisation transformation; Change management; Leadership development and Coaching.

Ameet is a Professional Member of ISABS (Indian Society of Applied Behavioral Science), a Certified Organisation Development Consultant from ISABS, a T-Group Facilitator, a Coach, specializes in psychometric and is certified in Entrepreneurial Motivation Program from NIESBUD, Ministry of MSME, Govt. of India.

Ameet is also a student of Psychotherapy.

He completed his Diploma in Transactional Analysis.